



Press Release

“Hong Kong Charity Football Tournament 2014” – Leap of Mind

(Hong Kong, September 8, 2014) Leap of Mind is honored to have the opportunity to participate as a charity partner of a participated team in the “Hong Kong Charity Football Tournament 2014”. We affirm that we will wisely use the funds raised from this event to continue our work in promoting mental health to the general public with the goal of “Revival of the Spirit, Whole-person Development.”

In view of this, Leap of Mind has been putting ample resources and efforts on the works at the four aspects, “individual, family, school/ work, community,” with schools, social services organizations, corporations to provide preventive and in depth psycho-education and counseling services for the public. Services include psychological counseling, groups, workshops, talks, trainings, counseling platforms and themed events. We hope to instill a pattern of in-depth reflective thinking and motivation in participants through our tailor-made services, in-depth explanation and experiential learning. Positive impacts have been shown at different stages. For example, students who have participated in groups have shown apparent improvements such as minimized behavioural problems, increased motivation to learn and enhanced self-esteem.

To benefit more people, Leap of Mind will continue our works with the believe that comprehensive “Career and Life Planning” will positively impact the public by preventing and intervening early potential problems through balanced consideration of various important aspects of life and thorough planning. Hence, we will be starting various “Career and Life Planning” programs, hoping to gain support by and partnership with schools, social services organizations, communities and corporations to contribute to our society and respond to the theme, “Hong Kong Our Home.”

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Leap of Mind in Brief

Leap of Mind was founded in 2010 as a non-profit charity organization. We are a subsidiary organization of Health Promotion Association (HK) Limited. We are a dynamic organization with the vision to raise public's awareness on the importance of mental health; to assist our children and youth in strengthening their psychological quality; and to assist in building strong and harmonious families. We operate as a social enterprise to provide services for various sectors including schools, social services organizations, communities and corporations by balancing "individual," "family," "school/work," and "community" aspects of life. All proceeds will be used for psycho-education and counseling services for people in need.

Media Enquiries

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